

## About Iris Karas

Iris Karas holds undergraduate and graduate degrees from Northeastern University, where she majored in psychology and community mental health counseling. She is a longtime educator and has been a guidance counselor since 2004.

Karas launched her writing career in 1998 during a leave from her brief studies at law school in Ohio. She began work on her first novel, *Organizing Elizabeth*, while working and raising a family in the



Toledo area. As a resident of Western Massachusetts, in 2001 she developed a professional working relationship with her editor, novelist and poet Anna Kirwan. She's been writing ever since.

At the completion of *Organizing Elizabeth*, Karas founded her own publishing enterprise, Hold That Thought Publishing, dedicated to being a resource for writers who are entering the publishing realm.

Her experience as a writer has led her to exploring the power of creativity through imaginative writing, appearing for readings and speaking engagements around the United States.

IRIS KARAS  
P.O. Box 6896  
Corpus Christi, TX 78466

# IRIS KARAS

## Writer, Author, Educator



Presentations for  
Schools • Clubs  
Organizations

Adults and Youth

2010

## Leading a Vibrant Life as a Writer

**I**RIS KARAS, author and self-publishing entrepreneur, will share with your adult or youth group her personal experience about why and how she became a writer, who and what influenced her along the way, and what it feels like to have a book in print. She engages in topics that



a wide range of listeners will find fascinating as they contemplate their own journey of creativity in their chosen field, whatever it may be. Iris speaks about and invites a lively discussion among her listeners:

- Forging a therapeutic relationship with the creative self
- Tapping into and using artistic energy as an essential part of one's life journey
- Expressing the range of human feeling through writing
- Becoming an attentive learner through reading, writing, and enjoying literature
- The writer's life—and how its practice translates to what *you* want to do



*Iris Karas engages groups through reading from her self-published novel and from her works in progress, and discussing the personal rewards and growth in following the writer's path.*

## Presentations to Groups

IRIS KARAS is available for speaking engagements throughout the year. Her presentations include a reading from her novel, *Organizing Elizabeth* (Hold That Thought Publishing, 2008), and from work in progress. Tailoring her presentation to a specific group's interests, Iris will inspire a love of reading, listening, learning, and sharing in the context of her own particular gift of story-telling.

- Adult education classes, clubs, organizations
- Women's groups
- Business/corporate community
- Teachers, guidance counselors, group leaders
- Young adults (groups: clubs, schools)

**Contact Iris:** [www.iriskaras.com](http://www.iriskaras.com)  
[theauthor@iriskaras.com](mailto:theauthor@iriskaras.com)

## IRIS KARAS, presenter • Presentations to Adult and Youth Groups • 2010

I am/we are interested in learning more about Karas presentations for

School(youth): Grades/subject \_\_\_\_\_ Adult education class/group: Subject \_\_\_\_\_

Club or Organization: Name \_\_\_\_\_

Workplace: Department or program \_\_\_\_\_

Person to contact \_\_\_\_\_ Title \_\_\_\_\_

Please contact by  Phone \_\_\_\_\_  Email \_\_\_\_\_

Special interests \_\_\_\_\_